

October 21st, 2017, Dominican Campus, 4210 Harding Pike, Nashville TN

The Fourth Annual



Finish Line Celebration Music, Food & Awards

START TIMES (Rain or Shine)

8:00 AM: 5-MILER HANDCYCLE START
 8:05 AM: 5-MILER WHEELCHAIR START
 8:10 AM: 5-MILER START
 8:15 AM: 1-MILE RUN START

REGISTRATION FEE

	1-Miler	5-Miler	Virtual Runner*
Thru June 30th, 11:59 PM	\$30.00	\$30.00	\$25.00
Thru August 31st, 11:59 PM	\$35.00	\$35.00	\$25.00
Thru October 17 th , 7:00 PM	\$40.00	\$40.00	\$25.00
Packet Pick-up & Race Day	\$45.00	\$45.00	\$25.00

*if you are unable to attend the race, but would still like to participate, we invite you to be a virtual participant. We are not able to provide bibs, shirts, or medals for virtual participants at this time.

AWARDS All registered participants receive a finishers medal.

Category-specific awards for 5-Miler ONLY:

- TOP 3 M/F Overall, Masters, and Grandmasters
- TOP 3 M/F in age categories 9 & under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+
- Top 3 in Handcycle, Pushrim Wheelchair, Racing Wheelchair, Power Chair, Push Division, Ambulatory Disabled, Above Knee Amputee, Below Knee Amputee, Double Amputee, and Visually Impaired Categories.

IMPORTANT INFORMATION

- The 5-Miler is a Nashville Striders Grand Prix Event
- Headphones strongly discouraged
- Strollers welcome (please line up at rear of start)
- Only service animals allowed
- No registration refunds/transfers

SELECT A PARTICIPANT CATEGORY

(please choose only one)

- | | |
|---|--|
| <input type="checkbox"/> Non-Disabled | <input type="checkbox"/> Ambulatory Disabled |
| <input type="checkbox"/> Handcycle | <input type="checkbox"/> Above Knee Amputee |
| <input type="checkbox"/> Racing Wheelchair | <input type="checkbox"/> Below Knee Amputee |
| <input type="checkbox"/> Pushrim Wheelchair | <input type="checkbox"/> Double Amputee |
| <input type="checkbox"/> Power Chair | <input type="checkbox"/> Visually Impaired |
| <input type="checkbox"/> Push Division | |

GIVE \$5 OF MY REGISTRATION TO THE FOLLOWING BENEFICIARY:

(all local non-profits; please choose only one)

- ABLE Youth
- Achilles International – Nashville
- Ainsley's Angels
- Friend's Life
- Mending Limbs
- Team RWB
- Tennessee Association of Blind Athletes

FIRST NAME

LAST NAME

MAILING ADDRESS

CITY

STATE

ZIP CODE

EVENT

- 5 Miler (certified course)
- 1 Miler

AGE

DATE OF BIRTH

AREA CODE

TELEPHONE NUMBER

EMAIL ADDRESS

GENDER

M

F

I would like to be paired with a participant who needs a guide for the race. My average pace/mile is _____

I would like to be paired with a guide for the race. My average pace/mile is _____

SELECT A UNISEX SHIRT SIZE: Youth S Youth M Youth L Adult S Adult M Adult L Adult XL Adult XXL

WAIVER: I, by entry into this event, release for myself and anyone on my behalf Achilles International Nashville, Achilles International, the Metropolitan Government of Nashville and Davidson County, the Nashville Striders, the Dominican Campus, all sponsors and anyone or other organization involved in the event, their employees, agents or representative, from all claims or liabilities of any kind of nature whatsoever arising out of my voluntary participation. I know that running is potentially dangerous and I assume all risks. I understand that I must secure the event Championship Chip through laces of my running shoe to receive Finish Time & be included in results. I grant permission to all the foregoing to use or authorize others to use photographs, motion pictures, recordings, or any other record of my participation in the Event for any legitimate purpose without remuneration.

SIGNATURE (Parent or Guardian if Minor)

DATE:

Mail-In Registration Form with Cash/Check to Achilles International – Nashville, 5107B Michigan Avenue, Nashville, 37209

ONLINE: <http://achilles5miler.racesonline.com> Race Management: achillesnashville@gmail.com, 901-485-6855