

Race Date  
July 17, 2016

Asheville Triathlon  
Age Group Results

**Individual**

Female Open Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim</u>	<u>T1</u>	<u>Rnk</u>	<u>Bike</u>	<u>T2</u>	<u>Rnk</u>	<u>Run</u>	<u>Total</u>
1	5	Jaime Simmons	526	38	*****	7:26.0	0:41.7	*****	32:27.3	1:00.2	*****	20:11.4	1:01:46.8
2	15	Jenn Stanton	507	31							*****	1:06:24.0	1:06:24.0
3	31	Anne Marie Nikolai-Phillips	524	54	*****	7:40.8	0:39.1	*****	35:06.5	0:57.1	*****	29:00.7	1:13:24.3

Female Masters Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim</u>	<u>T1</u>	<u>Rnk</u>	<u>Bike</u>	<u>T2</u>	<u>Rnk</u>	<u>Run</u>	<u>Total</u>
1	38	Sharon Flowe	543	44	*****	9:09.9	1:50.0	*****	40:28.6	1:31.6	*****	22:11.2	1:15:11.5

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Individual

Female 19 and Under

Place	Overall	Name	Bib No	Age	Swim Rnk	Swim Time	T1 Time	Bike Rnk	Bike Time	T2 Time	Run Rnk	Run Time	Total Time
1	58	Quinn Reece	509	16							5	1:22:39.0	1:22:39.0
2	59	Isabel Mack	612	16	1	5:52.9	1:00.6	1	46:26.7	1:06.4	1	28:23.1	1:22:49.8
3	63	Erin Rogers	533	16	3	8:57.1	2:11.1	2	47:27.7	0:43.9	2	28:42.3	1:28:02.4
4	76	Madison Dietrich	523	19	2	7:09.6	2:48.8	4	49:21.7	1:22.2	4	31:22.5	1:32:05.0
5	82	Anna Serenius	595	18	4	13:42.2	1:39.3	3	48:19.2	0:52.3	3	29:01.4	1:33:34.5

Female 20 to 24

Place	Overall	Name	Bib No	Age	Swim Rnk	Swim Time	T1 Time	Bike Rnk	Bike Time	T2 Time	Run Rnk	Run Time	Total Time
1	42	Anna DaSilva	518	20	1	7:01.6	1:41.9	1	40:12.5	0:47.0	1	27:20.2	1:17:03.4
2	81	Jessica Payne	572	22	4	10:43.8	2:47.3	2	47:17.1	1:36.2	3	31:07.4	1:33:31.9
3	86	Mary Miller	619	22	3	9:04.0	3:19.3	3	52:52.7	0:57.4	2	30:21.7	1:36:35.2
4	104	Mallory Ament	520	23	2	7:50.3	1:52.8	4	55:31.2	3:54.3	4	38:03.2	1:47:12.1

Female 25 to 29

Place	Overall	Name	Bib No	Age	Swim Rnk	Swim Time	T1 Time	Bike Rnk	Bike Time	T2 Time	Run Rnk	Run Time	Total Time
1	65	Jordan Rumsey	501	25							9	1:28:54.0	1:28:54.0
2	84	Theresa Ruggiero	590	27	4	10:14.8	3:08.5	1	50:37.2	1:34.0	2	29:44.9	1:35:19.6
3	91	Hannah Noel	562	26	3	9:41.0	2:44.4	2	50:55.2	2:17.8	6	32:13.8	1:37:52.5
4	94	Kara Dietrich	536	27	2	9:17.1	3:33.3	3	54:01.5	1:59.9	3	30:54.9	1:39:46.9
5	95	Debbie Armstrong	568	28	6	10:26.4	3:10.3	6	58:34.7	2:22.3	1	25:55.6	1:40:29.5
6	105	Kristin Massey	552	27	1	8:20.9	8:27.4	4	57:11.0	2:16.5	4	31:28.5	1:47:44.5

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Individual

Female 25 to 29

Place					----- Swim -----		T1		----- Bike -----		T2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time		
7	108	Amily Dupre	550	29	5	10:20.9	6:45.7	5	57:40.7	1:49.2	7	37:33.2	1:54:09.8		
8	111	MaryBeth Serdenes	604	28	8	12:04.3	2:38.5	7	1:19:13.1	0:44.4	5	31:46.8	2:06:27.3		
9	113	Kathleen Locke	581	27	7	11:15.4	1:58.4	8	1:19:30.6	1:31.3	8	50:48.3	2:25:04.3		

Female 30 to 34

Place					----- Swim -----		T1		----- Bike -----		T2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time		
1	44	Samantha Isakson	517	30	4	9:41.2	1:04.6	1	40:20.9	1:30.5	1	25:00.4	1:17:37.8		
2	48	Holli Drendel	521	34	1	7:43.3	0:48.6	2	41:18.5	1:10.7	2	27:12.5	1:18:13.8		
3	66	Samantha Green	601	32	7	12:59.6	1:33.1	3	45:17.1	1:49.5	3	27:16.4	1:28:55.9		
4	67	Priscila Maynez	582	32	3	9:07.7	0:50.0	7	50:41.7	1:04.9	4	27:26.8	1:29:11.3		
5	71	Krista DeSimoni	559	32	5	9:55.3	1:54.4	4	46:06.4	1:20.7	5	30:30.3	1:29:47.3		
6	89	Alexandra Meyer	525	31	2	8:27.4	1:38.0	5	48:14.4	1:05.7	8	38:08.4	1:37:34.0		
7	98	Deborah Haft	566	32	8	14:13.2	4:55.1	6	49:59.5	2:16.8	6	31:04.4	1:42:29.1		
8	101	Nicole Parra	605	30	6	10:02.9	2:45.0	8	53:48.8	1:14.4	7	37:10.7	1:45:02.0		

Female 35 to 39

Place					----- Swim -----		T1		----- Bike -----		T2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time		
1	49	Veena Rhodes	589	38	4	11:37.8	1:06.8	2	42:58.4	0:59.3	1	21:36.0	1:18:18.5		
2	53	Leslie Sloan	565	38	1	8:58.0	1:26.9	1	42:42.6	1:41.9	2	24:43.6	1:19:33.1		
3	60	Alenda Hartshorn	571	36	2	9:38.2	1:23.8	3	44:47.3	1:51.4	3	25:17.6	1:22:58.4		
4	69	Cynthia Roberto	598	35	3	10:36.4	2:35.3	4	48:49.0	1:34.2	4	25:55.1	1:29:30.2		

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Individual

Female 40 to 44

Place		Name	Bib No	Age	Swim		T1	Bike		T2	Run		Total
Place	Overall				Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time
1	74	Krysten Shepherd	567	43	1	10:23.3	1:55.7	2	47:39.7	1:54.6	1	29:08.9	1:31:02.3
2	77	Kandi Newkirk	597	44	2	11:31.7	1:56.8	1	47:25.3	1:36.2	2	30:01.9	1:32:32.0

Female 45 to 49

Place		Name	Bib No	Age	Swim		T1	Bike		T2	Run		Total
Place	Overall				Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time
1	56	tracey johnson	529	49	1	8:40.7	0:56.4	1	43:57.7	1:04.3	1	26:37.6	1:21:16.8
2	73	Erin Alley	556	48	2	11:23.1	2:30.7	2	45:42.3	1:16.8	4	29:47.6	1:30:40.7
3	78	Cindy Hamilton	592	48	3	12:46.3	1:41.9	3	48:37.9	1:18.0	2	28:11.1	1:32:35.4
4	102	Kimberly Giernacky	593	45	6	14:46.1	0:55.4	4	53:11.9	2:03.2	5	34:16.5	1:45:13.3
5	103	Susan Dietrich	575	49	5	13:48.8	2:43.4	6	57:20.1	2:20.3	3	29:30.7	1:45:43.5
6	109	Amy Conner-Murphy	580	48	7	17:48.1	3:24.8	5	54:15.9	0:45.1	7	38:33.0	1:54:47.1
7	110	CHERYL SMITH	602	48	4	13:11.9	3:50.2	7	1:11:34.5	1:37.2	6	35:00.7	2:05:14.7

Female 50 to 54

Place		Name	Bib No	Age	Swim		T1	Bike		T2	Run		Total
Place	Overall				Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time
1	62	Kati Smallwood	614	51	1	10:31.5	1:16.4	1	47:39.2	0:49.0	1	26:05.6	1:26:21.8
2	79	Judy Walker	596	52	2	13:20.6	1:05.1	2	47:58.6	1:15.0	2	29:01.0	1:32:40.6
3	107	Monica Bastin	554	53	3	16:36.6	3:01.9	3	51:56.1	2:05.3	3	39:10.7	1:52:50.8

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**Individual**

Female 55 to 59

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>T1</u>	<u>Rnk</u>	<u>Time</u>	<u>T2</u>	<u>Rnk</u>	<u>Time</u>	<u>Total</u>	<u>Time</u>
1	87	Mary Baclich	599	58	1	12:05.6	2:04.2	1	48:22.1	1:26.0	1	32:41.3	1:36:39.4	

Female 60 to 64

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>T1</u>	<u>Rnk</u>	<u>Time</u>	<u>T2</u>	<u>Rnk</u>	<u>Time</u>	<u>Total</u>	<u>Time</u>
1	80	Ann Grasso	583	62	1	12:49.2	2:40.6	1	46:03.7	2:01.7	1	29:29.6	1:33:05.0	

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**Individual**

Male Open Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>T1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>T2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Total Time</u>
1	1	Glenn Cook	504	48							****	57:08.0	57:08.0
2	2	Clayton Tillery	513	41							****	1:00:04.0	1:00:04.0
3	3	David Simmons	514	41							****	1:00:56.0	1:00:56.0

Male Masters Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>T1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>T2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Total Time</u>
1	4	Jay Curwen	622	49	****	6:19.4	0:25.9	****	29:20.1	0:23.7	****	25:14.3	1:01:43.5

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Individual

Male 19 and Under

Place					Swim		T1		Bike		T2		Run		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time
1	16	Connor Smith	610	13	1	5:53.9	0:44.7	1	36:48.0	1:37.5	1	21:35.1			1:06:39.4
2	46	Max Holt	624	16	2	7:04.6	1:49.9	3	43:12.7	0:43.4	3	25:00.7			1:17:51.4
3	52	Jackson Riddle	573	18	5	10:00.7	3:36.6	2	39:38.0	2:25.3	2	23:48.6			1:19:29.5
4	68	Henry Lehlback	615	14	4	8:49.3	3:09.6	4	46:06.4	2:02.3	5	29:09.2			1:29:16.9
5	97	TR Newnam	616	15	3	7:39.0	2:36.2	5	1:00:14.4	1:45.4	4	28:44.4			1:40:59.7
6	112	Quinton Linville	603	16	6	14:57.8	1:55.6	6	1:11:31.6	1:40.2	6	39:54.0			2:09:59.4

Male 20 to 24

Place					Swim		T1		Bike		T2		Run		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time
1	37	Micah Voelzow	564	21	1	9:32.5	1:26.1	1	38:57.3	1:18.9	1	23:18.1			1:14:32.9

Male 25 to 29

Place					Swim		T1		Bike		T2		Run		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time
1	7	Samuel Hartshorn	502	27							8	1:03:30.0			1:03:30.0
2	22	Tucker Waldron	506	27							9	1:10:54.0			1:10:54.0
3	41	Benjamin Barbour	528	29	1	7:56.5	1:53.4	2	40:09.0	2:04.4	4	24:30.5			1:16:34.0
4	43	Zachery Tyler	608	27	4	10:21.0	1:42.1	3	41:29.9	1:28.6	1	22:11.1			1:17:12.9
5	47	Dennis Burns	546	25	6	10:48.2	1:29.3	1	39:43.4	1:02.2	5	24:52.6			1:17:55.8
6	51	Jacob Watkins	594	29	2	9:33.7	1:31.5	4	42:18.3	1:32.3	3	24:17.5			1:19:13.5
7	54	Paul Barbeau	579	25	3	9:54.5	1:51.6	5	43:46.9	0:56.8	2	24:17.5			1:20:47.5
8	83	Brandon Luther	585	29	7	11:30.0	1:36.6	6	49:38.6	1:57.9	6	29:35.8			1:34:19.2

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Male 25 to 29

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>T1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>T2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Total Time</u>
9	99	Sean Gaffney	577	27	5	10:37.6	3:20.4	7	49:49.2	2:34.3	7	37:37.0	1:43:58.6

Male 30 to 34

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>T1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>T2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Total Time</u>
1	10	Matt Chisholm	621	32	3	8:29.6	0:46.9	1	31:52.1	0:59.3	2	23:02.1	1:05:10.2
2	13	Bryan Stanton	519	32	1	7:54.2	0:47.5	2	35:08.5	0:50.0	1	20:54.0	1:05:34.3
3	39	Joseph Peduto	540	32	2	8:14.8	1:33.4	3	39:17.9	1:07.9	5	25:59.1	1:16:13.3
4	55	Matthew Gruber	553	33	5	10:03.6	1:53.0	4	42:02.6	1:32.3	4	25:39.3	1:21:10.9
5	61	Jorge Quintana	588	33	7	10:48.4	1:36.8	5	44:54.6	1:25.0	3	25:17.2	1:24:02.1
6	70	Nathan Hoffman	537	30	8	11:18.2	4:09.2	6	45:00.1	2:50.2	6	26:19.1	1:29:37.0
7	100	Matthew Curtis	576	32	6	10:07.1	5:37.7	8	48:15.2	2:32.0	7	37:35.9	1:44:08.1
8	106	Samuel Gettleman	532	33	4	9:50.6	6:28.3	7	48:06.5	4:59.1	8	38:20.9	1:47:45.6

Male 35 to 39

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>T1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>T2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Total Time</u>
1	9	Trace Hall	623	39	2	7:30.6	0:51.2	1	33:51.6	0:57.5	1	21:47.1	1:04:58.1
2	11	Travis Gower	515	36							6	1:05:19.0	1:05:19.0
3	17	Casey Watkins	503	35							7	1:06:50.0	1:06:50.0
4	25	Joshua Wexler	531	37	3	8:09.9	0:47.5	2	36:10.7	0:58.0	2	25:38.3	1:11:44.6
5	34	Austin Tyler	530	39	1	7:23.9	1:28.6	3	36:41.9	1:48.5	3	26:49.8	1:14:12.9
6	90	Dennis Pace	555	36	4	10:37.0	1:39.0	5	54:43.0	1:12.4	4	29:38.5	1:37:50.1



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Place	Place	Name	Bib No	Age	----- Swim -----	T1	----- Bike -----	T2	----- Run -----	Total	
Place	Overall	Name	Bib No	Age	Rnk	Time	Rnk	Time	Rnk	Time	Time
7	93	Frank Cherry	584	37	5	12:28.6	4	49:50.3	5	32:54.4	1:38:43.3

Male 40 to 44

Place	Place	Name	Bib No	Age	----- Swim -----	T1	----- Bike -----	T2	----- Run -----	Total	
Place	Overall	Name	Bib No	Age	Rnk	Time	Rnk	Time	Rnk	Time	Time
1	8	John Smith	609	43	1	7:12.0	1	33:54.2	1	21:39.8	1:04:58.0
2	21	Raymond Sparks	574	40	7	9:25.0	2	35:19.5	2	22:00.0	1:09:23.6
3	23	Steven Mack	611	44	6	9:11.2	6	37:53.9	3	22:21.2	1:11:18.5
4	24	Roger Hebert	620	41	5	8:50.9	5	37:12.1	5	23:09.6	1:11:32.6
5	27	David Ledger	534	43	4	8:28.2	4	37:11.0	6	24:30.8	1:12:02.0
6	30	David Cook	542	42	3	8:20.2	8	39:45.8	4	22:37.0	1:13:18.1
7	36	Jeremy Pike	560	41	9	10:53.0	3	36:12.3	7	24:52.3	1:14:27.2
8	40	Bryan Briscoe	541	40	2	8:14.0	7	38:33.0	8	26:12.8	1:16:23.4
9	85	Michael Coffman	613	41	10	11:18.4	9	46:43.5	10	35:54.8	1:36:30.2
10	88	Ryan Walters	570	43	8	10:34.5	10	50:44.0	9	30:42.6	1:37:20.1

Male 45 to 49

Place	Place	Name	Bib No	Age	----- Swim -----	T1	----- Bike -----	T2	----- Run -----	Total	
Place	Overall	Name	Bib No	Age	Rnk	Time	Rnk	Time	Rnk	Time	Time
1	6	Richard Rauschenbach	511	49					12	1:03:11.0	1:03:11.0
2	12	Chip Coxe	535	45	4	7:37.3	2	33:23.9	2	22:58.2	1:05:24.5
3	14	Scott Laffin	539	47	5	8:23.8	1	30:46.8	4	24:42.8	1:05:53.4
4	19	Stefan Colosimo	557	45	7	9:09.8	3	35:01.2	1	20:58.0	1:07:18.3

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Individual

Male 45 to 49

Place		Name	Bib No	Age	Swim		T1	Bike		T2	Run		Total
Overall	Rnk				Time	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time
5	28	James Holt	516	45	1	6:50.9	1:28.5	4	37:24.2	1:39.5	5	25:06.6	1:12:29.9
6	29	Jeffery Bennington	522	48	3	7:27.3	1:30.8	5	37:29.7	0:58.2	6	25:26.7	1:12:53.0
7	33	chris holroyd	545	47	6	8:43.7	1:02.5	7	39:10.4	0:59.0	3	23:46.8	1:13:42.6
8	50	Greg Owen	549	45	8	9:25.8	1:22.3	6	38:00.2	1:27.0	9	28:06.0	1:18:21.4
9	57	Joe Bedford	586	48	11	12:50.4	1:00.3	8	41:35.3	1:09.2	7	25:46.2	1:22:21.6
10	72	Brian Dietrich	548	45	10	10:15.0	3:16.5	9	47:22.6	1:52.9	8	27:49.4	1:30:36.6
11	92	eric setzer	569	48	9	10:13.0	2:37.9	10	48:31.9	1:42.1	11	35:06.1	1:38:11.3
12	96	Todd Newnam	617	45	2	7:02.5	3:04.2	11	1:00:27.8	2:07.2	10	28:08.3	1:40:50.2

Male 50 to 54

Place		Name	Bib No	Age	Swim		T1	Bike		T2	Run		Total
Overall	Rnk				Time	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time
DQ	DQ	Gary Snipes	547	50	1	8:47.2	1:38.3	1	1:02:38.6	1:27.9	DQ	23:54.8	1:38:26.9

Male 55 to 59

Place		Name	Bib No	Age	Swim		T1	Bike		T2	Run		Total
Overall	Rnk				Time	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time
1	18	Lecky Haller	510	58							5	1:06:56.0	1:06:56.0
2	20	Marc Westle	508	55							6	1:08:55.0	1:08:55.0
3	26	David Thompson	563	56	1	7:43.2	0:38.9	2	35:48.9	1:03.5	2	26:40.5	1:11:55.2
4	32	anthony read	538	55	2	8:32.1	1:04.7	3	36:47.6	0:54.2	1	26:17.7	1:13:36.4
5	35	Dan Passarelli	527	59	3	9:07.5	1:47.4	1	34:41.1	1:32.1	4	27:14.9	1:14:23.1
6	64	Vincent Floriani	618	56	4	11:16.5	3:18.2	4	46:29.6	0:51.6	3	26:47.9	1:28:44.1

Race Date  
July 17, 2016

Asheville Triathlon  
Age Group Results

**Individual**

Male 60 to 64

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Swim</u> <u>Time</u>	<u>T1</u> <u>Time</u>	<u>Rnk</u>	<u>Bike</u> <u>Time</u>	<u>T2</u> <u>Time</u>	<u>Rnk</u>	<u>Run</u> <u>Time</u>	<u>Total</u> <u>Time</u>
1	45	Lonnie LePore	558	64	2	9:52.8	0:56.1	1	39:36.6	1:28.0	1	25:53.4	1:17:47.0
2	75	Brent Sullivan	544	63	1	9:44.3	1:13.1	2	45:16.3	1:31.1	2	33:58.3	1:31:43.3