



**SATURDAY** **Charleston** **Marathon** **JAN 12, 2019**

SHAWN HAYNES

29:42.02

Category Rank: **200 of 683** Gender Rank: **106 of 231** Age Group: **40-44**

Age Group Rank: **10 of 27** Pace: **9:34/mile**

**SHRIMP AND GRITS**  
**5K FINISHER**